

JAMES M. RIDGWAY, M.D.

LARRABEE CENTER FOR FACIAL PLASTIC SURGERY – 600 BROADWAY, SUITE 280, SEATTLE, WA, 98122
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EDUCATION & TRAINING

07/2009 – 06/2010	Department of Otolaryngology – Head and Neck Surgery University of Washington, Seattle, WA Fellow – Facial Plastic and Reconstructive Surgery
07/2008 – 06/2009	Department of Otolaryngology – Head and Neck Surgery University of California, Irvine, CA Chief Resident
07/2005 – 06/2008	Department of Otolaryngology – Head and Neck Surgery University of California, Irvine, CA Otolaryngology Residency
07/2004 – 06/2005	The Beckman Laser Institute & Medical Clinic University of California, Irvine, CA Post-doctoral Fellowship
06/2003 - 06/2004	Department of Surgery University of California, Irvine, CA Internship
07/1999 - 05/2003	University of Arizona, College of Medicine, Tucson, AZ Doctor of Medicine
08/1992 - 12/1998	Arizona State University, Tempe, AZ Bachelor of Science and Bachelor of Art degrees, with honors

LICENSURE & BOARD CERTIFICATION

2010	American Board of Facial Plastic and Reconstructive Surgery <ul style="list-style-type: none">o Passed written and oral board exams
2010	Diplomate of the American Board of Otolaryngology
2009 - Present	Washington State Licensed
2006 - Present	California State Licensed
2004	Diplomate of the National Board of Medical Examiners

PROFESSIONAL POSITIONS

09/2010 - Present	AAFPRS National Committee: Face to Face
09/2010 - Present	AAFPRS National Committee: Research Committee
09/2010 - Present	Associate Physician, Larrabee Center for Facial Plastic Surgery, Seattle, WA
09/2010 - Present	Hospital Staff – Swedish Hospital, Seattle, WA
07/2009 - 06/2010	Acting Instructor, University of Washington, Division of Facial Plastic and Reconstructive Surgery, Seattle, WA

HONORS & AWARDS

- o Triologic Society Resident Research Award: Western Section Travel Grant. Sections Meeting, December 2007.
- o Award for Outstanding Academic Performance 2006-2007: Department of Otolaryngology – Head and Neck Surgery, University of California, Irvine.

- University of California Irvine Clinical Research Symposium Award: Third Place Presentation, June 2007.
- Seymour R. Cohen Award – American Broncho-Esophagological Association: Prize essay in the field of pediatric laryngology and bronchoesophagology, April 2007.
- Shirley Baron Resident Research Award – The Triologic Society: Western Section prize manuscript. Combined Sections Meeting, February 2007.
- American Society for Laser Medicine & Surgery (ASLMS) Research Award: Travel Grant, January 2007.
- UCI Chao Cancer Center Research Award: Travel Grant, October 2006.
- University of California Irvine Clinical Research Symposium Award: First Place Presentation, June 2005.
- American Head & Neck Society: Prize manuscript in the field of head and neck surgery, May 2005.
- Western Resident Medical Research Forum Award: First Place Presentation, February 2005.
- Berkley Scholarship
- Hill Foundation Scholarship
- McKeown and Thompson Scholarship
- Hanna and Secrist Scholarship
- Earl Scholarship
- Sigma Xi, The Scientific Research Society (by nomination)
- Golden Key National Academic Honor Society
- Dean's Honor List

RESEARCH & PUBLICATIONS

• CHAPTERS •

JM Ridgway, RL Crumley, JH Kim. Rehabilitation of Facial Paralysis. In: Cummings C, ed. Otolaryngology - Head and Neck Surgery. 5th edition. New York: Mosby Elsevier, 2010.

JM Ridgway, HR Djalilian. Trauma to the Ear. In: Djalilian H, ed. 10 Minute ENT Consult. 1st edition. Plural Publishing Inc. San Diego, 2009.

• MANUSCRIPTS •

J Ridgway, D Parikh, N Lowe, B Wong. Hyaluronic acid injectable complications: case report, review of literature and guidelines for safe management. *In submission*.

J Ridgway, P Parikh, A Karam, F Camilon, R Barretto, and G Ahuja. Management of Fetal Airway Obstruction Utilizing the Ex-utero Intrapartum Treatment (EXIT) Procedure: An Otolaryngologic Perspective. *Submitted*.

J Ridgway, A Karam, M Chao, R Crumley, B Wong, T Kelley, T Shibuya. Percutaneous Reduction of Zygomaticomaxillary Complex Fractures: A Review of Operative Technique and Experience in 15 Patients. *In submission*.

JM Ridgway, CS Murakami. The C-Ring Complex: Defining the parameters of nasal tip anatomy. *Research letter, in press*.

M Rubinstein, **J Ridgway**, W Armstrong, Z Chen, BF Wong. Applications of Optical Coherence Tomography in Laryngology: A Review. *In press*.

JM Ridgway, WF Larrabee. Anatomy for Blepharoplasty and Brow-lift. *Facial Plast Surg*. 2010 Aug;26(3):177-85.

J Ridgway, D Parikh, R Wright, P Holden, W Armstrong, F Camilon, B Wong. Lemierre's Syndrome: A Pediatric Case Series and Review of Literature. *American Journal of Otolaryngology – Head & Neck Medicine and Surgery*. 31 (2010) 38-45.

M Kaiser, M Rubinstein, D Vokes, **J Ridgway**, S Guo, M Gu, R Crumley, W Armstrong, Z Chen, BJ Wong. Laryngeal epithelial thickness: a comparison between optical coherence tomography and histology. *Clin Otolaryngol.* (2009) Oct;34(5): 460-6.

S Guo, LYu, A Sepehr, J Perez, J Su, **J Ridgway**, D Vokes, BJ Wong, Z Chen. Gradient-index lens rod based probe for office-based optical coherence tomography of the human larynx. *J Biomed Opt.* (2009) Jan-Feb;14(1):014017.

HR Djalilian, **J Ridgway**, M Tam, A Sepehr, Z Chen, BJ Wong. Imaging the human tympanic membrane using optical coherence tomography in vivo. *Otol Neurotol.* Dec;29(8):1091-4. (2008)

D Parikh, **J Ridgway**, N. Ge. Keloid Banding Using a Suture Ligature: A Novel Technique and Review of Literature. *Laryngoscope.* Nov;118(11):1960-5. (2008)

J Ridgway, J Su, R Wright, R Barretto, G Ahuja, S Guo, J Perez, A Sepehr, D Kim, J Sills, Z Chen, B Wong. Optical Coherence Tomography of the Newborn Airway, *Annals of Otolology, Rhinology & Laryngology.* May;117(5):327-34. (2008)

J Ridgway, G Ahuja, S Guo, J Su, U Mahmood, R Crumley, Z Chen, B Wong. Imaging Of The Pediatric Airway Using Optical Coherence Tomography, *Laryngoscope.* Dec;117(12):2206-12. (2007)

U Mahmood, **J Ridgway**, R Jackson, S Guo, J Su, W Armstrong, T Shibuya, R Crumley, Z Chen, B Wong. In vivo optical coherence tomography of the nasal mucosa, *Am J Rhinol.* 20:155-9 (2006)

J Ridgway, R Jackson, S Guo, U Mahmood, J Su, W Armstrong, T Shibuya, R Crumley, M Gu, Z Chen, B Wong. In Vivo Optical Coherence Tomography of the Human Oral Cavity and Oropharynx. *Arch Otolaryngol Head Neck Surg.* Oct;132(10):1074-81 (2006)

B Wong, R Jackson, S Guo, **J Ridgway**, U Mahmood, J Su, T Shibuya, R Crumley, M Gu, W Armstrong, Z Chen. In vivo optical coherence tomography of the human larynx: normative and benign pathology in 82 patients. *Laryngoscope.* 2005 Nov;115(11): 1904-11.

A Karamzadeh, R Jackson, S Guo, **J Ridgway**, H Wong, G Ahuja, M Chao, L Liaw, Z Chen, B Wong. Characterization of submucosal lesions using optical coherence tomography in the rabbit subglottis. *Arch Otolaryngol Head Neck Surg.* 2005 Jun;131(6):499-504.

D Finley, B Lugo, **J Ridgway**, W Teng, D Imagawa. Fatal Variceal Rupture After Sildenafil Use: Report of a case. *Curr Surg.* 2005 Jan-Feb;62(1):55-6.

D Reinhart, **J Ridgway**, C Chandler. *Xenopus laevis* fertilization: Analysis of Sperm Motility in Egg Jelly Using Video Light Microscopy. *Zygote.* 6:173-182, May 1998.

• PODIUM PRESENTATIONS •

J Ridgway. Brow Lift: Concept and Technique. 2010 Lesley Watson ISIS Surgical Course. University of Washington. November 2010.

J Ridgway. Challenging Facial Reconstruction. Inaugural ENT Exploratorium and Study Group. Seattle Science Foundation. October 2010.

J Ridgway. Aesthetic Therapies for Facial Rejuvenation. 33rd Annual National Conference: Advanced Practice in Primary and Acute Care. October 2010.

J Ridgway, D Parikh, B Wong, N. Ge. Keloid Banding Using a Suture Ligature: A Novel Technique and Review of Literature. Triologic Western Section Meeting, February 2008.

J Ridgway, M Deaver, N Lowe, B Wong. Hyaluronic acid injectable complications: case report, review of literature and guidelines for safe management. AAFPRS Fall Meeting, September 2007.

J Ridgway, J Su, R Wright, D Kim, A Sepehr, R Barretto, G Ahuja, S Guo, J Perez, J Sills, Z Chen, B Wong. Optical Coherence Tomography of the Newborn Airway. COSM – ABEA, April 2007.

J Ridgway, A Salibian, A Zemek, B Wong. Cartilage Reshaping Using the 1450nm Smoothbeam Diode Laser with Cryogen Spray Cooling. 27th Annual Conference of the American Society for Laser Medicine and Surgery, April 2007.

J Ridgway, G Ahuja, S Guo, J Su, U Mahmood, Z Chen, B Wong. Imaging of the Pediatric Airway Using Optical Coherence Tomography. Combined Triologic Sections Meeting, February 2007.

J Ridgway, W Armstrong, D Vokes, S Guo, J Su, J Perez, R Jackson, M Gu, R Crumley, T Shibuya, U Mahmood, Z Chen, B Wong. Optical Coherence Tomography of the Head and Neck – Current Clinical Investigations and Instrumentation. Chao Family Comprehensive Cancer Center Conference, November 2006.

J Ridgway, G Ahuja, D Vokes, S Guo, J Perez, J Su, W Armstrong, R Crumley, Z Chen, B Wong. Optical Coherence Tomography of the Pediatric Aerodigestive Tract. Western Regional American Federation for Medical Research, February 2006.

J Ridgway, W Armstrong, D Vokes, S Guo, J Perez, R Jackson, M Gu, J Su, R Crumley, T Shibuya, U Mahmood, Z Chen, B Wong. Optical Coherence Tomography of Laryngeal Cancer. Triologic Middle - Western Section Meeting, February 2006.

J Ridgway, S Guo, R Jackson, J Su, D Vokes, J Perez, U Mahmood, A Kohli, W Armstrong, T Shibuya, R Crumley, Z Chen, B Wong. Optical coherence tomography of the oral cavity and oropharynx: a 64 patient review. SPIE, January 2006

J Ridgway. Optical Coherence Tomography of the Head and Neck – A 142 patient experience. University of California, Irvine Sixth Annual Clinical Research Symposium, June 2005.

J Ridgway, R Jackson, S Guo, U Mahmood, J Su, W Armstrong, T Shibuya, R Crumley, M Gu, Z Chen, B Wong. In Vivo Optical Coherence Tomography of the Human Oral Cavity and Oropharynx. COSM – AHNS, May 2005.

J Ridgway, A Karam, M Chao, P Parikh, R Crumley, B Wong, T Kelley, T Shibuya. Percutaneous Reduction of Zygomaticomaxillary Complex Fractures: A Review of Operative Technique and Experience in 15 Patients. AAFPRS, May 2005.

J Ridgway, U Mahmood, R Jackson, S Guo, J Su, W Armstrong, T Shibuya, R Crumley, Z Chen, B Wong. Optical Coherence Tomography and Image Analysis of the Oropharynx. Western Regional American Federation for Medical Research, February 2005.

J Ridgway, U Mahmood, R Jackson, S Guo, J Su, W Armstrong, T Shibuya, R Crumley, Z Chen, B Wong. In vivo analysis of the pediatric upper aero-digestive tract using optical coherence tomography. SPIE, January 2005.

J Ridgway, W Armstrong, T Shibuya, R Crumley, Z Chen, B Wong. In Vivo Optical Coherence Tomography of the Aero-digestive Tract. LAMMP, November 2004.

• POSTER PRESENTATIONS •

J Ridgway, R Wright, P Holden, W Armstrong, A Lee, F Camilon, B Wong. Lemierre's Syndrome: A Pediatric Case Series and Review of Literature. COSM – ASPO, April 2007.

J Ridgway, P Parikh, A Karam, F Camilon, R Barretto, G Ahuja. Management of Fetal Airway Obstruction Utilizing the Ex-utero Intrapartum Treatment (EXIT) Procedure: An Otolaryngologic Perspective. COSM – ABEA, April 2007.

J Ridgway, S Guo, D Vokes, J Perez, R Jackson, M Gu, W Armstrong, T Shibuya, R Crumley, Z Chen, B Wong. Optical Coherence Tomography and In vivo Analysis of Cancer and Mucosal Diseases of the Aerodigestive Tract – A 150 Patient Review. TRDRP Conference, October 2005.

B Wong, S Guo, U Mahmood, **J Ridgway**, R Jackson, M Gu, W Armstrong, T Shibuya, R Crumley, Z Chen. Optical Coherence Tomography of Cancer and Mucosal Diseases of the Upper Aerodigestive Tract - A 120 Patient Experience. FAMRI, August 2005.

M Chao, C Sun, **J Ridgway**, A Karam, N Pham, B Wong. Treatment of Keloids in a Tissue Engineered Fibroblast- Keratinocyte Co- Culture System Using Photodynamic Therapy. AAFPRS, September 2005.

J Ridgway, M Kaiser, N Ge, W Armstrong, T Kelley, T Shibuya, B Wong. Parotidectomy and Superficial Musculoaponeurotic System (SMAS) Interposition: A Five Year Review of Operative Technique and Frey's Syndrome Incidence. AAFPRS, September 2005.

J Ridgway, M Chao, J Singh, G Ahuja. Neonatal Suppurative Sialadenitis. ASPO, May 2005.

D Vokes, J Perez, S Guo, R Jackson, **J Ridgway**, R Crumley, W Armstrong, Z Chen, B Wong. Optical Coherence Tomography Enhanced Microlaryngoscopy. American Laryngologic Association, May 2005.

J Ridgway, U Mahmood, R Jackson, S Guo, J Su, W Armstrong, T Shibuya, R Crumley, Z Chen, B Wong. Optical Coherence Tomography and Image Analysis of the Aerodigestive Tract. ARO, February 2005.

JOURNAL REVIEW

- Archives of Facial Plastic Surgery
- Lasers in Medical Science
- Journal of Biomedical Optics
- International Journal of Pediatric Otolaryngology
- Yonsei Medical Journal

RESEARCH SUPPORT

National Institutes of Health: #P41-RR01192:

Laser Microbeam and Medicine Biotechnology Resource (LAMMP):
The Use of Lasers and Optics in Biology and Medicine, Collaborator.

American Medical Association Research Foundation:

Optical Coherence Tomography of the Pediatric Airway, Collaborator.

VISUAL ARTS

MEDICAL ILLUSTRATION

- Anatomy for Blepharoplasty and Brow-lift. *Facial Plast Surg.* 2010 Aug;26(3):177-85.
- Otolaryngology Updates: 37th Annual Course in Clinical Otolaryngology
- Department of Otolaryngology – Head & Neck Surgery Rhinoplasty Course
University of California, Irvine
- Otolaryngology Clinical Update & Research Symposium
University of California, Irvine
- Book Chapter. Current Therapies in Pain. *Botox Treatment in Myofascial Pain.* H Smith.

GRAPHIC DESIGN

- Zona Studio Production House, North Hollywood, CA, 2005 – 2008

ART EXHIBITIONS

- Planet Earth Gallery, Phoenix, AZ, 1997
- Harry Wood Gallery, Arizona State University, Tempe, AZ, 1996

CIVIL CONTRIBUTIONS

2009 - 2010	Face to Face - Cambodia
2006 - 2007	Western Student Medical Research Forum & Residents Forum <i>Vice-Chair</i>
2005 - 2006	Western Student Medical Research Forum & Residents Forum <i>UCI Resident Representative</i>
2006	Team Works/ Junior League of Los Angeles, CA <i>Disadvantaged youth mentoring program</i>

PROFESSIONAL SOCIETY MEMBERSHIPS

- American Academy of Facial Plastic and Reconstructive Surgery
- American Academy of Otolaryngology - Head and Neck Surgery
- Northwest Academy of Otolaryngology
- Head and Neck Optical Diagnostics Society

EDUCATIONAL COURSES

- Rejuvenation of the Aging Face, San Diego, January 2011.
- University of Washington. Lesley Watson ISIS Surgical Course. November 2010.
- American Academy of Facial Plastic and Reconstructive Surgery: Fall Meeting, August 2010.
- The Portland Rhinoplasty Course, July 2010.
- Stanford Facial Plastic Surgery Course, October 2009.
- Advances in Cosmetic Therapy (ACT): A Focus on BoNT-A, August 2009.
- AO North America Principles of Operative Treatment of Craniomaxillofacial Trauma and Reconstruction Course, November 2008.
- Loma Linda University: 3rd Annual Skull Base Course, October 2008.
- Clinical Training Workshop: Acclarent's Relieva Luma Sinus Illumination System, January 2008.
- Anspach: Approaches to the Skull Base Course, November 2007.
- Lumenis: Management of Laryngeal and Tracheal Disease Using Lasers, January 2007.
- University of California, Irvine: Rhinoplasty Course, June 2006.
- Loma Linda University: Neurosurgery and Otolaryngology Skull Base Course, October 2006.
- University of California, Irvine: Advanced Endoscopic Surgery of the Skull Base and Paranasal Sinuses, June 2006.
- Clinical Training Workshop: Vocal Fold Augmentation using Radiesse & Radiesse Voice Gel, November 2005.
- Loma Linda University: State of the Art Concepts in Laryngeal Conservation Surgery, November 2005.